

**Revision Table for Illness and Health Conditions**

Condition	Cause	Incidence	Symptoms	Prognosis	Treatments	Treatment/Theorists
Tourette's syndrome  Hereditary	Unknown, linked basal ganglia which regulates body movements	1/100. Boys	Tics	No cure. Symptoms lesson with age, milder and less noticeable.	Psychological Drugs Surgery	Freud/Pavlov Cattell
Sickle Cell Disease  Hereditary	Gene affecting red blood cells	1/2000 Africa, Caribbean	Painful episodes, Increasing in seriousness	Varied, life expectancy reduced. Strokes, lung problems	No cure Drugs Blood trans Surgery	
Multiple Sclerosis  Genetic predisposition	Faulty gene attacks health parts of body	100,000 people	Fatigue, walking and vision problems.	No cure. Reduced life expectancy	Drugs	
Spina Bifida Genetic predisposition	Unknown, lack of folic acid, family history, medication, obesity, diabetes.	1 in 1500 babies born each year.	Weakness or total paralysis of the legs. Bowel and urinary incontinence.	Challenging but does not affect life expectancy.	Drugs Surgery Therapy such as physio/ occupational	
ADHD Genetic/Envir	Some links to genetics  being born prematurely (before the 37th week of pregnancy)  having a low birthweight	2 to 5% of school age children	inattentiveness, hyperactivity and impulsiveness.	Symptoms improve with age, but adults still suffer	Although there's no cure for ADHD, it can be managed with appropriate educational support, advice and support for parents and affected children, alongside medication, if necessary.	Piaget, Bandura,

	smoking, alcohol or drug abuse during pregnancy					
Obesity Genetic/Envir	Minor links to genes, overeating and under active	1 in 4 adults, 1 in 5 children	Physically large, strain on skeleton, heart and respiratory problems.	Reduced life expectancy due to higher risk of developing diseases associated.	Reduce calories, Exercise, conditioning	Pavlov
Osteoporosis Age related	Age related to loss of bone density	3 million, women more likely due to menopause reducing bone density.	Stooped posture, fractures	No cure	Diet modifications, Drugs TENS Relaxation techniques	
Cardiovascular Disease Age related	Diet, diabetes, smoking, alcohol, lack of exercise		Death, reduced life expectancy	No cure	Diet modifications, stop drinking, stop smoking, drugs such as statins.	