

UNIT 5: PULSES, NUTS AND FOOD PROVENANCE

You have 30 minutes to complete the following:

1) Name three types of nut. (3 marks)

2) What is quorn made from? (1 mark)

3) State what you understand by the term 'organic farming'. (2 marks)

4) Name two types of bean. (2 mark)

5) State two nutrients that nuts are high in. (2 marks)

6) How should dried pulses be prepared? (2 marks)

7) State what you understand by the term 'genetically modified'. (2 marks)

8) Describe the differences in living conditions between factory farmed and free range animals. (2 marks)

9) What is meant by a sustainable fishing method (1 mark)

10) Suggest two reasons why households throw away food. (2 marks)

11) Why might a supermarket choose to import food? (1 mark)

12) Explain two advantages of producing food locally rather than importing it from other countries. (2 marks)
