

Relationship, Sex and Health Education - Parent/Guardian Opt Out

It is a statutory requirement that all schools deliver Relationship, Sex and Health Education (RSHE) lessons to their students.

At Outwood Academy Danum, these are delivered through weekly Life lessons. The intention of these lessons is to provide the students with knowledge and allow them to make informed choices about their future.

The topics covered in these RSHE lessons are:

Year 7:

- Boys and Puberty
- Girls and Puberty
- Friendship and Pressure
- Types of Relationships
- Marriage in the UK
- Online Grooming
- LGBTQ+ and Pride

Year 8:

- Puberty
- Menstruation, Periods and Menopause
- Consent and Values
- The Law (Being Safe)
- Healthy and Abusive Relationships
- Sexual Abuse
- STIs, STDs and Contraception
- Childbirth and Responsibilities of Parenting

Year 9:

- Consent and Coercive Control
- Condoms and Safe Sex
- Consequences of Unsafe Sex (STIs)
- HIV and AIDs
- Underage Pregnancy (Options)
- Online Grooming

Year 10:

- Alcohol, Drugs, and Risky Sexual Behaviour
- Sexual Harassment and Sexual Violence
- LGBTQ+ and Different Types of Relationships
- Media, Pornography and Body Image
- The Law, Sex, and the Internet
- FGM, Honour Based Marriage and Domestic Abuse
- Cancer (Breast and Testicular Cancer)
- LGBTQ+ and Pride

It is assumed that all parents/guardians give their consent for their children to take part in these lessons. If you would like your child to take part in RSHE lessons, you do not need to do anything further.

However if you would not like your child to take part in RSHE lessons, please email p.baron@danum.outwood.com with the following information.

Student's name: _____

Student's year group: _____

Student's Life teacher: _____

Lessons which you do not consent to (if it's all please state 'all'):
